



## Summer 2025

### Drop-In Class Schedule

July 7th through August 14th

#### **Monday**

<b>Class</b>	<b>Time</b>	<b>Room</b>
Strength & Conditioning	4:00-5:00pm	Blue
Advanced Ballet	4:00-5:30pm	Green
Beginning Jumps, Leaps, and Turns	4:15-5:00pm	Pink
Intermediate Jazz	4:15-5:15pm	Purple
Beginning Jazz	5:15-6:15pm	Purple
Intermediate Ballet	5:30-7:00pm	Green
Advanced Contemporary	5:45-6:45pm	Blue
Beginning Hip Hop	6:15-7:00pm	Purple
Advanced Jazz	6:45-8:00pm	Blue
Intermediate Hip Hop	7:00-7:45pm	Pink
Intermediate Lyrical/Contemporary	7:45-8:30pm	Purple
Advanced Hip Hop	8:00-9:00pm	Blue

#### **Tuesday**

<b>Class</b>	<b>Time</b>	<b>Room</b>
Advanced Jumps, Leaps, Turns	4:00-5:00pm	Blue
Advanced Ballet	5:15-6:30pm	Green
Tumbling Level 1	5:15-6:00pm	Blue
Beginning Ballet	5:30-6:30pm	Purple
Tumbling 2	6:00-6:45pm	Blue
Beginning Lyrical	6:30-7:15pm	Purple
Intermediate Ballet	6:30-7:45pm	Green
Tumbling 3	6:45-7:30pm	Blue
Beginning Tap	7:15-8:00pm	Purple
Acro/Contemporary Floorwork - Inter/Adv	7:30-8:15pm	Blue
Intermediate Jumps, Leaps & Turns	7:45-8:45pm	Pink
Yoga & Body Maintenance	7:45-8:45pm	Green
Rotating Class (Ages 9-13)	8:15-9:15pm	Blue

#### **Wednesday**

<b>Class</b>	<b>Time</b>	<b>Room</b>
Beginning Jazz	4:00-5:00pm	Blue
Strength & Conditioning	5:00-6:00pm	Pink
Intermediate Jazz	5:00-6:00pm	Blue
Beginning Ballet	5:00-6:00pm	Green
Advanced Tap	5:45-6:45pm	Purple
Beginning Stretch & Flexibility	6:00-6:45pm	Pink
Intermediate-Advanced Ballet	6:00-7:15pm	Green
Tumbling Level 5	6:15-7:00pm	Blue
Intermediate Tap	6:45-7:45pm	Purple
Advanced Jazz Funk	6:45-7:45pm	Pink
Tumbling Level 4	7:00-7:45pm	Blue
Pre Pointe/Pointe	7:15-8:00pm	Green
Advanced Lyrical	7:45-8:45pm	Blue
Intermediate Musical Theater	7:45-8:45pm	Purple
Pedagogy (The Method of Teaching)	8:00-9:00pm	Green
Advanced Musical Theater	8:45-9:45pm	Purple

\* All classes listed above are drop-in \*

\*\* Registration for drop-in classes is done through Glofox \*\*

#### **Recommended Ages Per Level**

- Beginning: 6-9 years -
- Intermediate: 10-13 years -
- Advanced: 14+ years -